



**RISE  
UP!**

Inspiring  
Influencing  
and Impacting  
KIDS' TOMORROWS  
**TODAY**

## **Rise Up! Mentoring Program Mentor Expectations**

The Rise Up! Mentoring Program uses Christian adult volunteers who commit to supporting, guiding, and being a friend to a young person for at least one year.

### **Mentor's Role**

- Take the lead in supporting a young person through an ongoing, one-to-one relationship to serve as a positive role model and friend
- Build the relationship by planning and participating in activities together
- Help youth discover their gifts, talents and passions
- Encourage youth toward positive life decisions

### **Time Commitment**

- Make a one year commitment
- Meet a minimum of 3-4 times per month with the mentee
- Communicate with the mentee weekly

### **Participation Requirements**

- Be at least 19 years old Reside in the Johnson City/Washington/Sullivan County area
- Be a Christian and be active in a local church
- Be dependable and consistent in meeting the time commitments
- Attend mentor training sessions as prescribed
- Be willing to communicate regularly with program director, complete surveys and take constructive feedback regarding mentoring activities
- Have access to an automobile, auto insurance, and a good driving record
- Have a clean criminal history
- Not use illicit drugs or not use alcohol or controlled substances inappropriately
- Do not use tobacco products in the presence of the mentee
- Not currently in treatment for substance abuse and have a non-addictive period of at least five years
- Not currently in treatment for mental disorder or hospitalized for such in last 3 years
- Not currently in a cohabitating relationship

### **Benefits**

- Obedience to God's calling
- Personal fulfillment through contribution to community and individual
- Satisfaction in helping someone mature, progress, and achieve goals

### **Application and Screening Process**

- Personal Interview, Application and Faith Agreement, 2 Hour Training
- Criminal history check costing \$13: state, child abuse and neglect, and sexual offender registry
- Provide 3 personal references, including a pastoral/church staff reference

For more information go to our website at [RiseUpForKids.com](http://RiseUpForKids.com) or...  
Contact Kristy Williams at 423.610.1242, [Kristy@RiseUpForKids.com](mailto:Kristy@RiseUpForKids.com)